



Slogans From May 5th, 2020 Meeting (unedited)

I can't, he can, I think I'll let him
Play the tape forward
Let go or be dragged
FEAR face everything and run
FEAR face everything and recover@
Poor me poor me pour me another drink
this too shall pass
Let go and let god
FEAR...False Evidence Appearing Real
Gerardism...Shut up, take your beating, you earned it
Just do the next right thing
Live and let live
Are you being part of the problem or part of the solution?
One of my new favorites is "Life is so Lifyey"
KISS Keep It Simple Stupid
Ask not what AA can do for you, ask what you can do for AA
"Just keep coming"
Your best thinking got you here
Fuck everything and run
To thine own self be true
the worlds rejection is gods protection
You only have to change one thing.... EVERYTHING
Surrender to Win
STOP= Sicker Than Other People
Human Being not human doing
HALT = Hungry,Angry, Lonely & Tired.
Move a muscle, change a thought.
You are not responsible you first thought, but you can change your second.
I came; I came to; I came to believe (steps 1,2,3)
If God seems far away, who moved?
how to disagree without being disagreeable
It's not fog, it's smoke from all the bridges you burned
You're only as sick as your secrets
What other people think of me is none of my business
one day at a time!
Keep your side of the street clean